

**CITY OF EL CAJON - COMMUNITY DEVELOPMENT DEPARTMENT
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM
APPLICATION FOR FUNDING**



Date: 12-14-2004
Project/Program Title: Set Free Baptist Fellowship. Fabulous 7 Transitional Living Center
Target Population or Service Area of Project/Program: Homeless women and children El Cajon
Project/Program Contact Person (Name and Title): Denise Valencia Program Director
Address: 10 [REDACTED] Rd. Apt. B21
Phone Number: 6 [REDACTED]
Fax Number:
e-mail address:
Amount Requested from El Cajon: \$50,000 → \$100,000
Total Project/Program Budget: \$100,000
City of El Cajon Priority Number (see next page): 2.1, 3.5,

Agency Name: Set Free Baptist Fellowship of San Diego
Agency Address: 1527 E Main St El Cajon 92020
Name and Title of Person Submitting Application: Harold Brown Chief Operations Officer
Phone Number: 619-977-0633
Fax Number: 619-442-2534
e-mail address: hkbrown1@earthlink.net
Brief Description of Project/Program: Short term voucher for motel accommodations for homeless.

Applicant Certification.

To the best of my knowledge and belief, the information contained in this application is true and correct; the document has been duly authorized by the governing body of the applicant; and the applicant will comply with all assurances, federal, state and local laws and regulations if funding is approved.

Harold Brown COO
Typed Name and Title

[Signature]
Signature

Your application will not be accepted unless it is submitted in quadruplicate and all the required documentation is attached.

NARRATIVE

- A. **DESCRIPTION OF PROPOSED PROJECT:** The proposed project located @ 1527 E. Main Street in the City of El Cajon, CA, offers emergency vouchers for motel/hotel accommodations for the homeless which include; families with children, individuals, seniors, aging foster care, and disabled adults. The purpose of the voucher is to provide them with case management and shelter for a specific amount of time of their crisis.
- B. **NEED OR PROBLEM:** to be addressed in relation to the population served and how project/program fulfills the identified priority from the City of El Cajon's Continued Housing Element/Consolidated Plan 2004-2010: *Homelessness* throughout the City of San Diego has steadily increased since the early 1990s, and has directly affected the City of El Cajon. This has been a major issue on how to meet the increasing demands on existing systems to address the housing and related service needs of homeless individuals and families. The City of El Cajon is one of the many in San Diego that has experienced a surge in the number of homeless individuals and families and in the complexity of the needs of its homeless population. San Diego County Housing costs are one of the highest in the nation. The increased demand and lack of affordable housing in the region places extreme challenges on residents and families on the brink of homelessness. There are significant numbers of individuals and families who are at risk of becoming homeless.

The issue of homelessness has been made a high priority to address. Transitional and permanent supportive housing for families, individuals and special needs population represents the largest gaps in the continuum of care and are given the highest priority. A medium priority is given to outreach and assessment, emergency shelters and permanent housing. The total overall current county estimates of the entire homeless population it is estimated that there are approximately 15,000 homeless people in the county of San Diego, and at least 2500 in the city of El Cajon alone. This amount does not include thousands more undocumented workers who migrate into the county as they move northward through the state.

In the region, single adults comprise approximately 70% of the urban homeless. Most of these 4,000 individuals are between 27-40 years of age. A fifth has been homeless for more than 4 year. According to the RTFH, approximately 73% of the 5,500 urban homeless are single adults.

Housing Statistics : (Ref: San Diego Housing Commission)

- San Diego County's resale single-family homes are at a record high median price of \$525,000; the median resale price for condos is \$370,000. (SDUT/Data Quick Information Systems),
- *The median price of housing in San Diego doubled between 2000-2004, but the median household income only increased 10.4%, from \$47,268 to \$52,191. (SDUT, 10/31/04).*
- *San Diego County's housing affordability continues to plummet, with just 10% of households able to purchase the median-priced home. (CA Assoc. Realtors 10/04)*
- According to the National Association of Realtors, The median price of a single family house in San Diego has increased \$152,700. in the last year, or \$418. Per day. (SDUT 8/31/04).
- *San Diego County ranks as the 5th most expensive major urban center for housing in the United States, "according to a national survey by Virginia Research Group ACCRA,*

which focuses on apartment rental costs and monthly mortgage payments rather than total home prices. (SDUTIACCRA, 8/31/04).

- In San Diego 29% of residents are considering moving out of the state because of high housing prices, according to the *Public Policy Institute of California*. (SDUT, 11/18/04).

Incomes:

- In San Diego, the median income for a family of 4 is \$63,400., according to the *U.S. Department of Housing and Urban Development*.
- In San Diego County, one in every five-or 20%-of every renter household spends at least 50% of its income on housing according to the US Census Bureau. (SDUT, 8/27/04).
- SANDAG estimates that 172,000 local employees, or 13% of the work force, earn less than \$8.35 an hour. (*San Diego Housing Commission*)

Apartment Shortages and rents in San Diego:

- *The average apartment rent in San Diego is \$1,210.-a nearly 100% increase from 1990, when average rents were \$643.(and 3.2 increase over last year) SDUT, 8/27/04 & 10/21/03).Ref: San Diego Commission*

Housing Shortage and traffic:

- Over the last 10 years, the number of people commuting between Riverside and San Diego Counties increased by 167%, according to the *US Census Bureau*. (SDUT 3/6/03).
- The lack of affordability and traffic congestion are the biggest problems facing Californians, according to a survey conducted by the *Public Policy Institute of CA*
- 80% of Californians say housing and traffic problems will be worse in 2025, according to a survey by the *Public Policy Institute of CA* (8/29/04).

Poverty and the Risk of Homelessness:

- *Based on 1990 Census figures, over 41,000 households in San Diego County have a combined income below \$10,000. There are at least 100,000 households who are at-risk of homelessness. Most of these households are single parent households with an average of (2) children. The primary contributing factor to this is the high cost of housing in the County of San Diego. Many of these at-risk families are in contact with service agencies for possible assistance.*

Need/Problem: There is not enough affordable, accessible housing.

Project/Program Fulfillment: This program will address the problem by its ability to provide affordable housing by distribution of vouchers to the homeless

Need/Problem: The need for more availability in low rent and vacancy

- C. **POPULATION TO BE SERVED:** *The population to be served includes* crisis intervention, emergency shelter for families that includes single fathers with children who may have been evicted, victims of fire or domestic abuse, or stranded in the city and in need of shelter in the City of El Cajon. The total number of individuals who will be served is: 100 and approximately 100 households
- D. **THE WORK TO BE PERFORMED & SERVICES:** Services offered are; Independent Living Skills, Emergency food program i.e.), referral counseling for food stamps, social services counseling, Other emergency human service needs, emergency shelter including meal shower, laundry, clothes, decision making counseling, and supportive services eligibility: WIC, financial guidelines; job development assistance program, spiritual aid, youth and adult activities, substance abuse (*if needed*)

E. GOALS & OBJECTIVES:

GOAL	OBJECTIVE	METHOD OF APPROACH FOR ACCOMPLISHMENT
Prevent Homelessness	Place homeless families on a case management plan	Completion of Eligibility Copy of Voucher
Reduce the length of stay in emergency shelter or reduce the number of days client is homeless.	Develop Case Plan to minimize the length of time client is homeless.	<ul style="list-style-type: none"> ▪ Maintain Documentation ▪ Proof of address ▪ Completion of Eligibility ▪ Copy of Voucher
Eliminate repeat episodes of homelessness	Client will have rapid access and connection to services to access and maintain housing.	<ul style="list-style-type: none"> ▪ Documentation of all services rendered including (all types) ILS. ▪ Distinguishing records between services for families, youth, and single adults, including those with any type of disabilities, treatment, etc.

F. IMPLEMENTATION SCHEDULE:

Activity	Start	Completion
Staff Training	<i>In Place</i>	<i>June 30, 2005</i>
Outreach & Recruitment	<i>In Place</i>	<i>June 30, 2005</i>
Client Certified/Eligibility Needs Assessment & Obstacle & Barriers Assessment	<i>Quarterly</i>	<i>June 30, 2005</i>
Client Placement in home	<i>According to Case Plan</i>	<i>June 30, 2005</i>
Provision of Services	<i>Ongoing</i>	<i>June 30, 2005</i>
Program Reporting	<i>As required by City of El Cajon</i>	<i>As required by City of El Cajon</i>
Program Graduation of Success	-----	<i>Upon stability (time frame varies)</i>
Client Evaluates Program	<i>When client reaches goals</i>	<i>Same</i>
Program Closeout	-----	<i>June 30, 2005</i>



*Family
Restoration*

12/14/2004

Set Free Baptist Fellowship

Purpose

- This corporation is a religious, charitable, educational, social service, and training organization operated for the specific purpose of:
 - Extending Christian charitable assistance to the needy and homeless.
 - Establishing churches for the discipleship of its members and the benefit of the community.
 - Training individuals in the ways of Jesus Christ and His teachings.
 - Giving helpful advice to the ailing, aged, and the lost.
 - Establishing training facilities and work homes for the disciples.
 - In general, rendering assistance and furnishing such material as the ability of the corporation will afford.
 - Bringing glory and honor to the Lord Jesus Christ.
- The general purpose of this corporation shall be the advancement and promotion of Christianity, both in its evangelical and social message. Advancement and promotion shall be carried forward by religious and educational activities, conducting religious instruction, and by other means which extend the ministry of the Gospel of Jesus Christ
- This corporation shall provide the opportunity for restoration, evangelical training, employment training, and personal growth as an interim step in the rehabilitation process for people who find themselves homeless, in need, and spiritually disabled. Through a direct, personal encounter with the risen Lord Jesus Christ, and through the skillful use of recognized techniques of restoration, guidance, evaluation, training, and biblical education, this corporation shall seek to assist people to attain full personhood as a member of the body of Christ.

Set Free Baptist Fellowship

- This corporation recognizes its role and responsibility as a religious faith based community agency in studying special problems of people who are homeless and in need, and will cooperate in research and special services to the extent that resources may permit
- Because this corporation recognizes that, acting alone, it cannot meet the needs of the homeless, the abused, the addicted, and the poor, it welcomes the opportunity to collaborate with other appropriate private charitable organizations and government agencies. Such collective efforts must explicitly protect the religious integrity and character of the corporation by affirming the right of the corporation to control the definition, development, practice, and expression of its religious principles, including exemption under Title VII of the Civil Rights Act of 1964. Collaboration can not unduly interfere with the core values, programs, and operations of the corporation. Set Free Ministries must account separately for any funding received through collaboration in order to shield the corporation from unnecessary and unconstitutional monitoring of other activities and aspects of the Ministry. At the same time, the corporation will take reasonable steps to provide safeguards for the religious freedom of the disciples participating in such collaborative programs.

Set Free Baptist Fellowship Discipleship Program

Pastor John Cabrera Senior Pastor

- Set Free extends the love of Christ to all who will come and be willing to learn to serve Jesus Christ through the Ministry's four phase Discipleship Program. There are no requirements other than a true desire to learn more about Jesus Christ. The Ministry's four phase Program begins with our outreaches to the community as we meet people through the witnessing of God's grace and Love. After an initial contact has been established the individual will be asked if they would like to go to one of our Training Centers to learn more about the Lord. We currently have centers in Dulzura, Phelan, and Cabazon and each has different resources available to help our disciples. Families with children that come to the ministry for help receive a short term voucher into the Fabulous 7 Transitional Living center for evaluation. The Families that desire to enter the Ministries Family Restoration Program are interviewed and a case plan is begun. Families that do not desire a spiritual program are referred to local social service agencies for assistance.

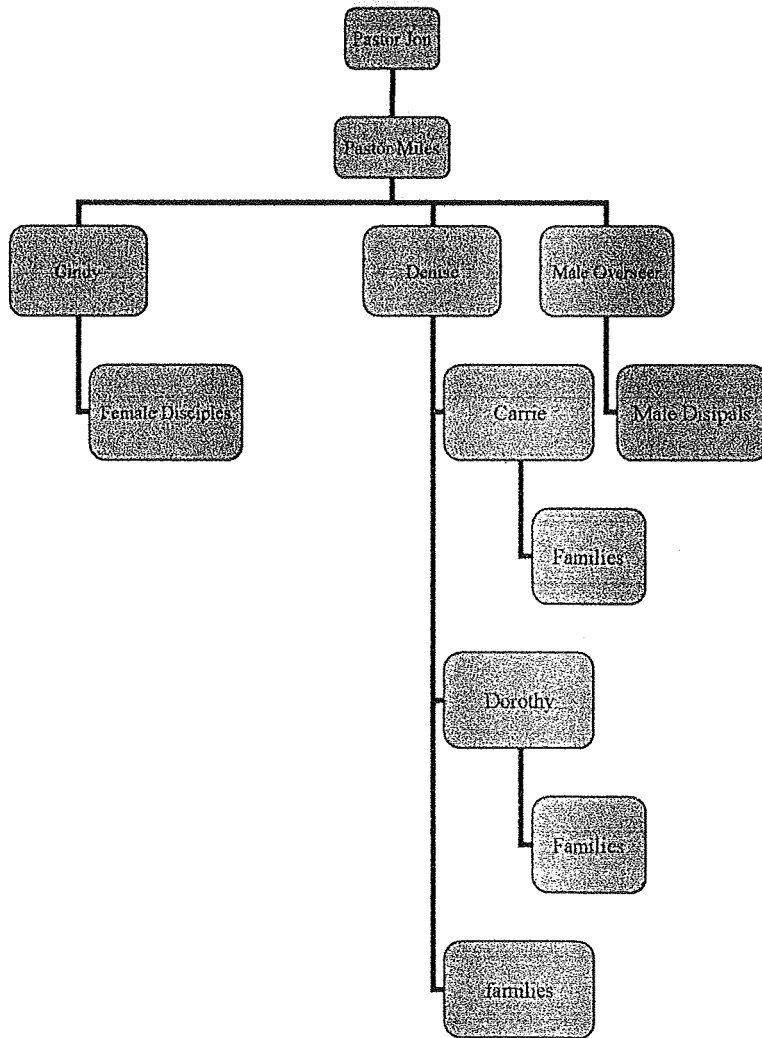
12/13/2004

***Family Restoration
Program
FRP***

The Parenting Component to
Set Free Baptist Fellowship
Discipleship program.



Family Restoration Flow Chart



What is the Family Restoration Program FRP

- The Family Restoration Program is a Christian based discipleship program dedicated to providing a encouraging and supportive Christian environment for parents who are willing to make the necessary changes required to build a relationship with Christ, make positive changes and choices in their lives while transitioning into productive members our community.

Who is Eligible for FRP

- Men and Women who have children living with them who are
 - Falling on hard times or in a crisis situation.
 - Willing to follow Christian views and values
 - Willing to make positive changes and choices
 - Willing to follow Hotel rules
 - Willing to be drug and alcohol free
 - Have the ability to pay a reduced rent .
 - Willing to participate in the Payee Program.
 - Be refer by a church, social service agency or other recognized organization
 - Disciples who have completed the Ranch and now have their children.
- Willing to attend classes and Bible Studies.

What is expected of parents.

- Parents are expected to
 - Go through the three phase program which includes:
 - Attending Classes and Bible studies
 - Turn in required assignments and program materials
 - Follow rules as out lined.
 - Making sure their children are registered and attend school on a regular basis
 - Work on Property when Needed
 - Participate in the Payee program.
 - Meet with case manager on a weekly basics to discuss goals and progress.
 - Respect Pastors and staff.

Phase 1

- Parents will concentrate on building their relationship with Christ while working on developing Independent living, and parenting skills.
- This will be done by :
 - Attending **all** classes and Bible studies offered.
 - Meet with case manager on a weekly basis to discuss goals and progress.
Complete all homework and written assignments
Three Chapters a week : Application
 - Petition for Phase II

Phase II

- Parents will still concentrate on their relationship with Christ by attending classes and Bible studies
- Parents will be assigned specific jobs around property.
- Concentrate on developing a better relationship with their children.
- Attend Financial management class
- Take care of necessary appointments.
- Attend Counseling
- Attend Parenting Class
- Petition for Phase III

Phase III

- Parents will begin job readiness
 - Work In Restaurant
 - Laundry
 - House Keeping
 - Labor Ready Jobs
- Attend 4 to 5 Bible studies a week
 - To be set a individual planning appointments.
 - Class attendance Sheet must be turned in Monday by 12:00 noon
- Read a chapter a day
- Write 3 applications a week
 - Must be turned in every Monday by 12:00 noon
- If you are on the property attend all bible studies
- Petition for Phase 4

Attend Bible studies and Do homework

- Attend 4 to 5 Bible studies a week
 - To be set a individual planning appointments.
 - Class attendance Sheet must be turned in Monday by 12:00 noon
- Read a chapter a day
- Write 3 applications a week
 - Must be turned in every Monday by 12:00 noon
- If you are on the property attend all bible studies
- Petition for Phase 4

Phase 4 Exit Plan



Meet with staff in the shadow mountain resource center

- Obtain CA ID or CA DL**
- Obtain SS Card**
- Meet with Case Manager**
- Job Search**
- Housing Search**
- Continue to attend Bible studies and Church**